



2025 TIER 4

U18 CHAMPIONSHIPS

Hosted by: Prince Rupert
Minor Hockey Association

Host Information Package



MARCH 15 - 19, 2025





Tier 4 U18 Championships

We are grateful to be competing on the traditional territory of the Ts'msyen Nation. Your hosts for this week are Prince Rupert Minor Hockey Association and the Prince Rupert U18 Seawolves.

“Lead, Develop and Promote Positive Lifelong Hockey Experiences”



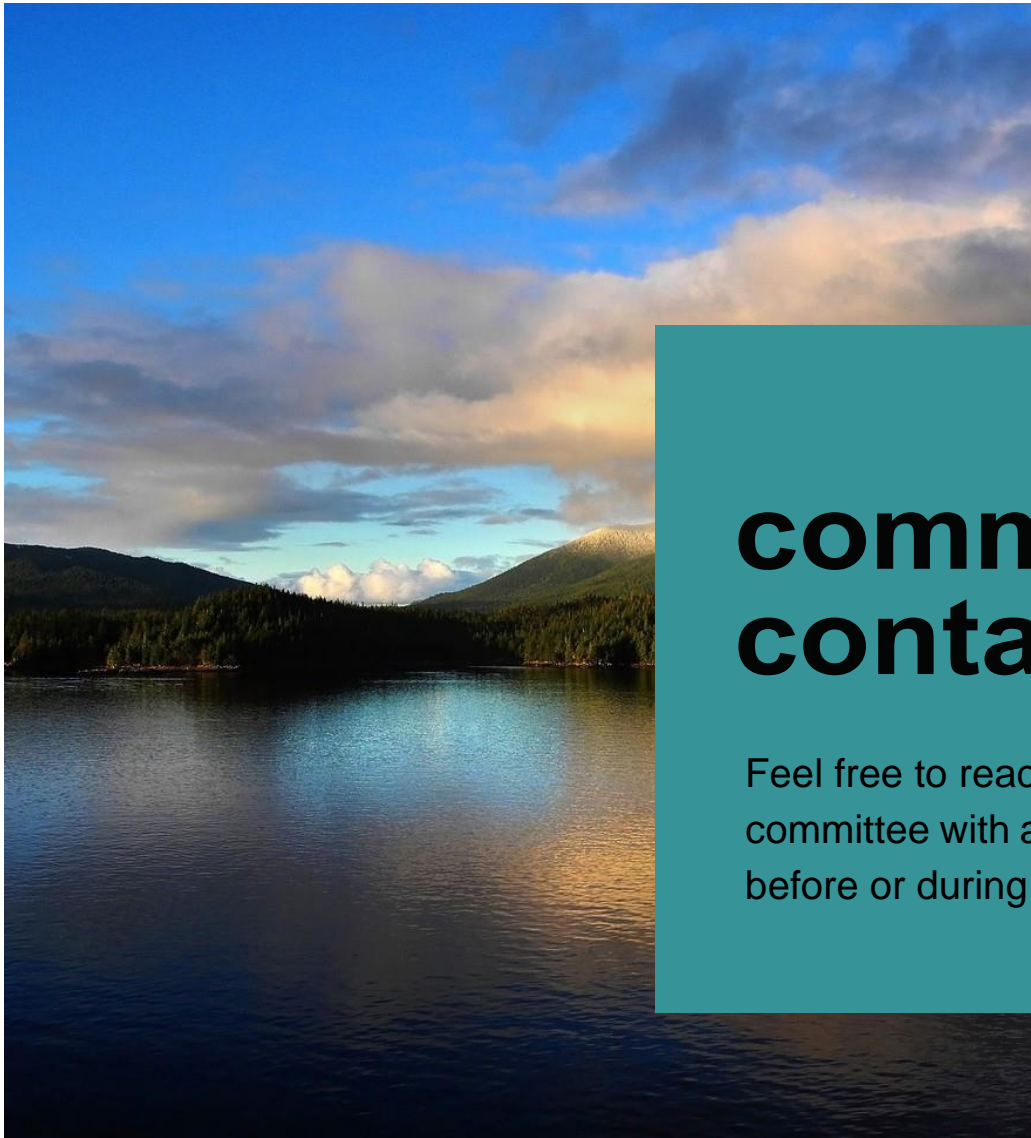
welcome to Prince Rupert!

Our committee and community are thrilled to welcome players, families, and fans to the U18 Tier 4 Championships in March 2025!

Nestled on Kaien Island in the heart of Ts'msyen traditional territory, Prince Rupert is a vibrant port city with a rich history and breathtaking natural beauty. Home to approximately 14,000 residents, the city is known for its friendly atmosphere, cultural diversity, and stunning coastal views.

Did You Know? Prince Rupert is located in a temperate rainforest and is affectionately known for its "liquid sunshine." Rain is part of the charm here, so don't forget to pack your rain gear and embrace the lush beauty of the coastal landscape!

When you're not cheering on your favourite team, explore the unique experiences our city offers.



committee contacts

Feel free to reach out to our committee with any questions before or during the event!

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Chair

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Co-Chair

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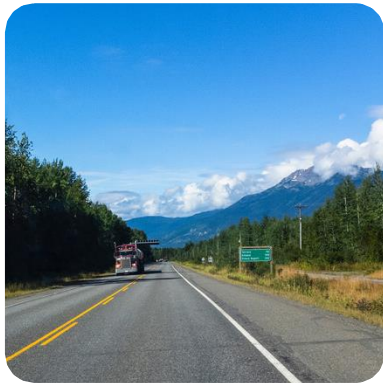
spcd66@gmail.com

Stefania Bowler

stefaniabowler@gmail.com

where is Prince Rupert?

Prince Rupert is a vibrant coastal city located on the northern edge of British Columbia, surrounded by stunning natural beauty. Here's how you can reach us:



Driving

From Vancouver: Take the Cariboo Hwy/BC-97 N1, then take the Yellowhead Hwy W/BC-16 all the way to Prince Rupert. This scenic route takes about 18-20 hours, so plan for an overnight stop (Prince George is about half-way). Make sure to check the road report www.drivebc.ca

Flying

Air Canada offers daily flights from Vancouver to the Prince Rupert Airport (YPR) on Digby Island. Upon arrival, a short ferry ride included in the price of your plane ticket will take you to the city.

You may also choose to fly to Terrace where there are other flight options, and then drive to Prince Rupert (143km).

National Car Rental is available if you need a vehicle while in Prince Rupert 250-624-5318



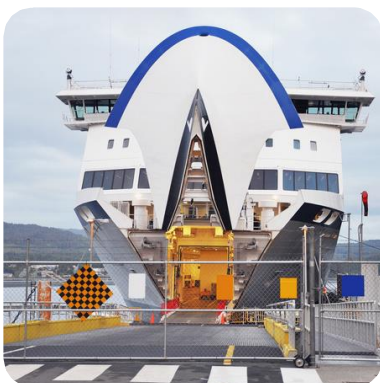
BC Ferries

Prince Rupert is a key terminal for BC Ferries, with routes connecting from Vancouver Island and other coastal communities. Hop aboard in Port Hardy and enjoy a scenic 16-hour sailing along the Inside Passage to Prince Rupert.

BC Ferries Sport Experience Program:

Teams traveling for sanctioned sporting events may qualify for ferry vouchers through the BC Ferries Sport Experience Program.

- Applications must be submitted at least 12 business days before travel
- For details and to apply, visit the [BC Ferries Sport Experience](#)
- For ferry schedules and reservations, visit [BC Ferries](#)





what to do in Prince Rupert

From fishing, hiking, shopping, to exploring history and culture - there is something for everyone!

Shopping

Cow Bay

Cow Bay is a quirky, colourful district where restored historic buildings house artist collectives, shops, and offices. Walk on boardwalks built over the water on pilings and smell the salty air from the harbour. Wander through the wide array of shops and galleries, browsing everything from local art and pottery to modern clothing boutiques and artisan food markets.

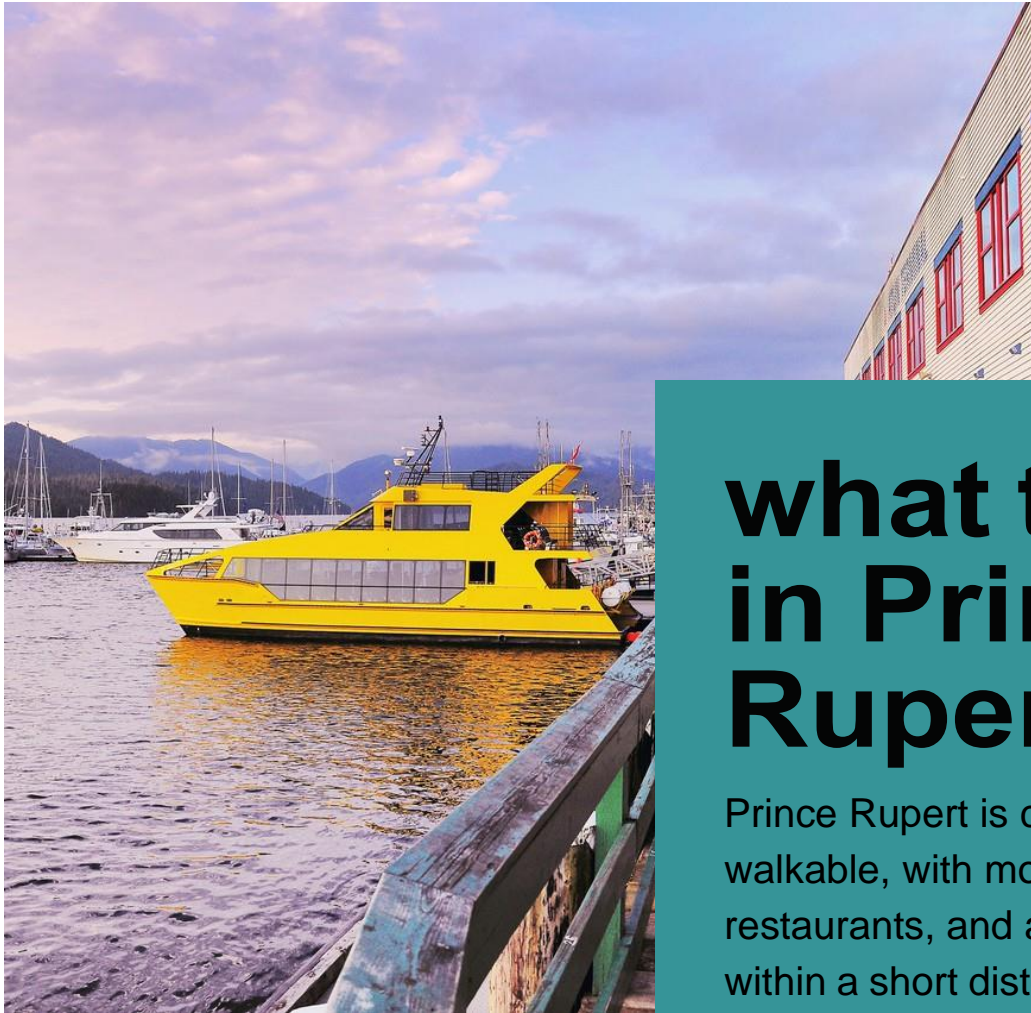
Rupert Square Mall

The Rupert Square Shopping Centre is located on 2nd Avenue in the heart of downtown Prince Rupert. It has been open to the public since 1974. The 20 businesses located in the mall offer a wide range of services and products.

Historic Downtown

Little restaurants half-hide themselves among the shops, banks, gift shops, and galleries. Like in Cow Bay, there's a lot to see here. The odd historic building peeks out from between its more modern neighbours; beautiful old houses gaze down from the top of the hill; a small gallery sits next to a salon, next to a clothing shop, across from City Hall. There's jewellery, paintings, clothing, gifts, and souvenirs, books, and lots more.

(Source) Check out all our shops here: <https://visitprincerupert.com/shop/> _



what to do in Prince Rupert

Prince Rupert is compact and highly walkable, with most amenities, restaurants, and attractions located within a short distance from local hotels.

Other Ideas

- Museum of Northern British Columbia: Dive into the region's rich Indigenous and maritime history.
- North Pacific Cannery: A National Historic Site that offers a glimpse into the fishing and canning industries that shaped our community.
- Butze Rapids Trail: A well-maintained 5km loop that will take you down to the water's edge, including a viewpoint of the spectacular reversing tidal flow.
- Rushbrook Trail: For an easy loop in town, take a stroll down Rushbrook Trail. You'll find the trailhead just behind the Bob's on the Rocks building. Newly renovated in 2018, it features three impressive suspension bridges and stunning views up the harbour as far as Tuck Inlet.
- Prince Rupert Wildlife Tours: Go on a whale-watching tour to witness the incredible marine life of our coastal waters.
- Pop into the Visitor Information Centre located and ask the folks there for a list of current events.
- Stop by the Port Interpretive Centre and check out the interactive exhibits; the newly redesigned space offers a glimpse into current operations and future growth at the Port.
- Catch a show at Famous Players Theatre.
- Get your workout on at Anytime Fitness, The Gym, or at the Pool Gym.
- Have a great time at Hot Shots Family Entertainment (arcade, pool tables etc.).
- Swimming: Dive into fun at the Earl Mah Aquatic Centre, featuring a pool, waterslide, and hot tub.
- SwingSmith Batting Cage: Practice your swing or try out baseball in this indoor batting facility.
- Swing Shack Golf Simulator: Challenge yourself with virtual golf on world-class courses.

event venue

Jim Ciccone Civic Centre
1000 McBride Street
Prince Rupert, BC V8J 3H2

The Prince Rupert Recreation Complex offers a wide variety of recreation, arts, and cultural programs and facilities for residents and visitors alike. The Recreation Complex has an indoor pool complete with diving pool, tot pool, swimming lanes, saunas, hot tub and a fitness area overlooking the pools, ice rink, gymnasiums, meeting rooms and craft room facilities.



The Jim Ciccone Civic Centre Arena is home to the Prince Rupert Minor Hockey Association. The arena features a minor hockey regulation ice surface (85' x 190') and has arena seating for 1,015 spectators.

schedule

Event	Time/Date/Location
Banquet	Doors open at 5:30pm Saturday, March 15 at the Highliner Plaza
Coach and Manager Meeting	Immediately following banquet at the Highliner Plaza
Opening Ceremonies*	TBD Sunday, March 16 Jim Ciccone Civic Centre
Games	Sunday, March 16 - Wednesday, March 19
Award Presentations	TBD Wednesday, March 19

Opening Ceremonies

Teams are asked to wear their dress attire and line up at the back of the arena by the dressing rooms. From there, they will enter the ice from the far left corner of the arena towards the back doors. The teams will be announced as they walk onto the ice and there will be an individual holding a sign with their team name on it. The players will follow that individual to their spot on the ice. Each team will line up in their designated area. Once everyone is present on the ice, the Canadian anthem will be sung. Following the anthem, there will be a welcome to the traditional territory.

Awards

The gold and silver medals will be presented along with the championship banner right after the Championship game. The team receiving the Fair Play award will receive this after their last game is played during the Championship.

banquet



Menu

A buffet style dinner will be served. The menu will consist of:

- Lemon Thyme Chicken
- Rice Pilaf
- Meat Lasagna
- Vegetarian Lasagna
- Caesar Salad
- Garlic Toast
- Veggies & Dip
- Tiramisu

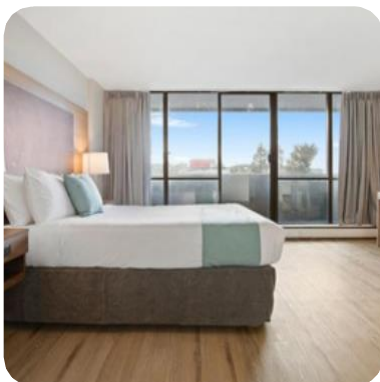
Venue

The banquet will take place on Saturday, March 15th at 6:15pm in the Tsimshian Ballroom at the Highliner Plaza. Doors will open at 5:30pm, please arrive no later than 5:45pm. Guest speaker(s) will follow dinner.

If a banquet guest has dietary restrictions that will require an alternate meal please contact Tamara Dickens at: tdickens72@hotmail.com

accommodations

THE HIGHLINER HOTEL



The Highliner Plaza is pleased to provide the U18 Rep Hockey Teams travelling to Prince Rupert for the 2025 Championships with an accommodation sport rates as follows:

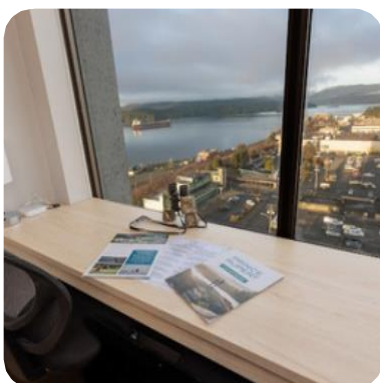
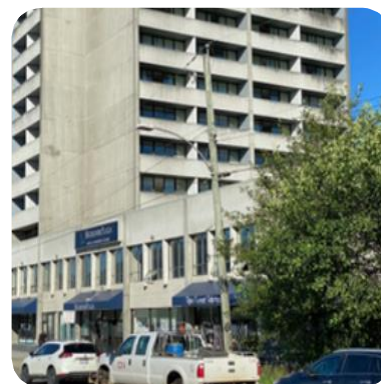
- 2 queen beds, \$169 plus tax per night - 50 rooms available at this rate
- Hot breakfast buffet included
- Options to book team dinners are available with advanced noticed

Contact

Call toll free - 1.877.705.7666.

Please book under "U18 Championships"

Website – www.highlinerplaza.com



Special Notes:

The Highliner is the location of the Saturday night banquet. It is also the only drop off and pick up location for the shuttle bus that boards the ferry to/from Vancouver.

accommodations

PACIFIC INN



A special welcome to all members of the U18 BC Hockey Champions from all of us here at the Pacific Inn, and whether you have been before or first time visiting the unspoiled beauty here on the North Coast, we will do our utmost to ensure your stay is as quiet, comfortable and as enjoyable as possible.

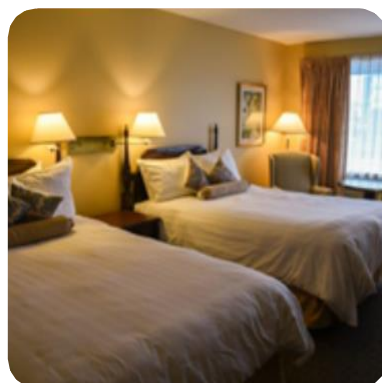
The Pacific Inn features 77 renovated, well appointed, extremely spacious guest rooms and suites that include complimentary continental breakfast within your daily room rate. The Pacific Inn is also conveniently located in the heart of the dining, shopping and business district of Prince Rupert and has been going through constant upgrades throughout the property including a large scale mural project on the side of our building depicting two breaching killer whales, Completion of impressive and modern new front entrance & facade, lobby & Breakfast room, as well; a small meeting room that can hold up to 35 guests comfortably for your pre/post game gatherings. Sonbada's Steak House has also opened and is located within the Pacific Inn.

We are pleased to extend our discounted Northern BC Sports team rate for the 2024 – 2025 season of \$134.00 per room plus applicable taxes and again, also includes your daily basic continental breakfast.

To reserve your guest rooms with the Pacific Inn, please do not hesitate to contact Corey Kitchen, General Manager; direct at either 250-627-1711, email at gm@pacificinn.bc.ca and I or one of my team members will be more than happy to assist in your accommodation needs.

Thank-you for considering the Pacific Inn and if I can be of any additional assistance to you, please do not hesitate to contact me and I will personally do my utmost.

Once again, from the The Pacific Inn, welcome to the North Coast of Beautiful British Columbia and we do hope you enjoy your stay with us.



accommodations

INN ON THE HARBOUR



We are locally owned and managed with twenty-four-hour desk staff. The hotel is situated on a bluff overlooking Prince Rupert's scenic Harbour. You will enjoy views of the busy port and breathtaking sunsets from our Harbour view rooms. walking distance of local shops, attractions, and restaurants and minutes to airline, VIA rail, and ferry terminals.

- **Studio Suite (\$199+tax)** – featuring a King bed, rain shower, large workstation, separate seating area with a small pull-out sofa, heated tile floor and heated towel racks in the bathroom.
- **Studio Suite Deluxe (\$199+tax)**– all the same amenities as our Standard Studio suite with the addition of a soaker tub and a chaise lounge instead of the sofa.
- **Harbour View Deluxe King and Double Rooms (\$169+tax)**– each room features 1 King bed or 2 double beds. Harbour Kings have a workstation and Double rooms have a small table.
- **City View Deluxe King (\$159+tax), Queen and Double Rooms (\$149+tax)**– each room features 1 King Bed, 1 Queen Bed or 2 double beds. The King and Queen rooms have a small desk.

All rooms are equipped with Keurig coffee pots, hair dryers, clock radios, and fridges. Irons/ironing boards and microwaves are available upon request. Complimentary Wi Fi is available throughout the hotel. In room binoculars provided for scenic Harbour and eagle viewing. Complimentary Continental Breakfast with choices of juice, milk, hard boiled eggs, pancakes, muffins, cereal, scones, yogurt, cheese, and fresh fruit is served daily between 7 am to 10 am. We do offer a takeaway option from 4:30 am to 6:30 am.

These rates will not be honored if a third- party booking agent is used or online. Reservations must be made directly with the hotel by calling the number provided below. If you have any questions, please contact Cindy Warren at (250)624-9107, or by email at gm@innontheharbour.com.



accommodations

THE CREST HOTEL



As the only 4 star hotel in Northern BC the Crest Hotel offers many services to our guests including full dining and lounge facilities, fitness centre/steam room and outdoor hot tub.

Special group rates are available upon request. When reserving please ask for the Team rate.

If you would like to reserve guest rooms, please contact Janet Thorne directly at 1-800-663- 8150 or janet@cresthoteibc.com

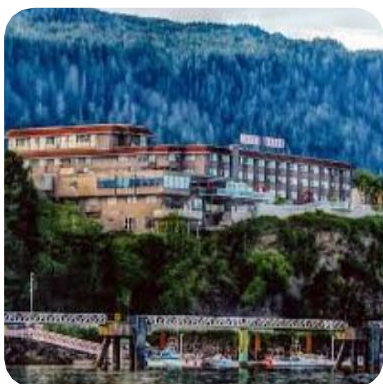
For dining we offer the following:

- Waterfront Restaurant – breakfast, lunch, and dinner open 7:00am – 9 pm
- Charley’s Lounge (must be 19 years old) – lunch, dinner& drinks open 11:30am – 12:00am

Depending on the size of the group requesting team dinners, there may be an option of a banquet dinner in the BC Room or perhaps dinner off the menu in the Waterfront.

Larger groups in the Waterfront generally would have to stagger their reservation times and are not seated at one table.

For any of these options please contact Debbie our Food Services Manager at debbie@cresthoteibc.com or call the hotel 250-624-6771 – ext 439



accommodations

PRESTIGE



Our Team rate starts at \$155.00, with an option to upgrade to a superior room.

Our team package includes a complimentary Continental Plus breakfast, access to our team room, free Wi-Fi, onsite parking and access to our business centre.

Teams requiring a block of rooms must contact the hotel and arrange the reservation to be qualified for this rate.

We are centrally located in the downtown of Prince Rupert, with several excellent dining options within walking distance.

For those looking for lighter fare, there is a Tim Hortons located across the street from our property.

If you have any questions regarding our property, the team package or Prince Rupert in general, please feel free to contact me.

Best regards, Gregg Wiwcharuck
Guest Services Supervisor Prestige Prince Rupert Hotel
1- 250-624-6711
rooms@princeruperthotel.com



restaurants

It's all about local foods, fresh ingredients, and unexpected sophistication in Prince Rupert's dining scene.

Arabisk Mediterranean Cuisine

Address: 2209 Seal Cove Rd, Prince Rupert

Description: Experience the flavours of the Mediterranean at this family-owned restaurant, offering a relaxed dining atmosphere. *Can accommodate team dinners with advanced notice

Breakers Pub

Address: 117 George Hills Way, Prince Rupert

Description: No Minors allowed. A long-standing landmark with waterfront views, popular with both locals and tourists

Charley's Lounge

Address: 222 1st Ave W, Prince Rupert

Description: No Minors A lounge offering meals and drinks with a view of the harbor

Dolly's Fish Market

Address: 7 Cow Bay Rd, Prince Rupert

Description: Fresh seafood and Italian dishes and a market for purchasing local catches

Tide & Table

Address: 1st Ave W, Prince Rupert

Description: Offers a variety of Canadian dishes in a bistro setting

*Can accommodate team dinners with advanced notice

Fukasaku of Prince Rupert

Address: 215 Cow Bay Rd, Prince Rupert

Description: Japanese restaurant specializing in sushi and seafood

Lee & Ann Restaurant

Address: 636 3rd Ave W, Prince Rupert

Description: Asian and Vietnamese dishes in a comfortable setting

Naomi's Grill

Address: 500 2nd Ave W, Prince Rupert

Description: A Canadian diner known for hearty meals

Opa Sushi Bar

Address: 34 Cow Bay Rd, Prince Rupert

Description: Japanese restaurant offering sushi and seafood dishes

OV Burger Bar

Address: 950 1st Ave W, Prince Rupert

Description: OV Burger Bar offers a selection of fresh, never-frozen burgers, including beef, chicken, and fish options. The menu also features sides like fries, poutine, and salads. *Can accommodate team dinners with advanced notice

The Pavilion Restaurant

Address: 346 Stiles Pl, Prince Rupert

Description: Known for its passion for food and hospitality, Pavilion provides a unique dining experience, ideal for food lovers seeking high-quality dishes. *Can accommodate team dinners with advanced notice

restaurants

It's all about local foods, fresh ingredients, and unexpected sophistication in Prince Rupert's dining scene.

Pho 88 Restaurant

Address: 427 3rd Ave W, Prince Rupert

Description: Vietnamese cuisine with pho and traditional dishes

Rodhos Pizza-Steak & Seafood House

Address: 716 2nd Ave W, Prince Rupert

Description: Offering a variety of pizza, steak, and seafood dishes

Smile's Seafood Cafe Ltd

Address: 113 Cow Bay Rd, Prince Rupert

Description: Steakhouse and seafood in a relaxed setting

Sonbadas Steakhouse Prince Rupert

Address: 909 3rd Ave W, Prince Rupert

Description: Guests can enjoy dishes like souvlaki, spanakopita, steaks, and seafood platters in a cozy atmosphere. *Can accommodate team dinners with advanced notice

Stardust Restaurant

Address: 627 3rd Ave W, Prince Rupert

Description: Chinese and Asian dishes in a comfortable setting. *Can accommodate team dinners with advanced notice

Sukoshi Japanese Restaurant

Address: 251 3rd Ave W, Prince Rupert

Description: Japanese sushi and traditional dishes

Sunset Lounge & Grill

Address: 243 3rd Ave W, Prince Rupert

Description: A lounge offering various dishes and drinks

The Fresh Onion Cafe and Catering

Address: 309 2nd Ave W, Prince Rupert

Description: Breakfast and Lunch favourites in a café setting

Vihaan's Pizzeria

Address: 715 2nd Ave W, Prince Rupert

Description: Pizza and Greek dishes

Waterfront Restaurant

Address: 222 1st Ave W, Prince Rupert

Description: One of the best dining spots in Prince Rupert with stunning waterfront views

*Can accommodate team dinners with advanced notice

West End Restaurant

Address: 610 3rd Ave W, Prince Rupert

Description: Diverse menu of Chinese and Canadian cuisine

Wheelhouse Brewing Company

Address: 380 Bill Murray Drive, Prince Rupert

Description: Local craft and wood fired pizza.

Family friendly. *Can accommodate team dinners with advanced notice

coffee shops/counter service/fast food

Mission Health & Wellness

Address: 800 McBride St, Unit A, Prince Rupert

Description: WALKING DISTANCE FROM THE ARENA - natural health food store offering a variety of products, including gluten-free alternatives, vegan options, teas, natural supplements, essential oils, and sports nutrition

Special Note: They also feature a smoothie bar that provides nutritious smoothies made with fresh ingredients and will be offering 10% off smoothies to players that show their player's pass.

Cowpuccino's Coffee House

Address: 25 Cow Bay Rd, Prince Rupert

Description: A cozy café known for its coffee and baked goods soups and sandwiches

Javadotcup

Address: 516 3rd Ave W, Prince Rupert

Description: Café known for coffee and light meals

Tim Hortons

Address: 636 2nd Ave West, Prince Rupert

Yaga Cafe

Address: 2250 Bellis Road, Prince Rupert

Description: The cafe offers a variety of items, including coffee, tea, fresh salads harvested from their on-site hydroponics greenhouse, sandwiches, snacks, and craft lemonades

La Gondola Café

Address: 710 1st Ave W, Prince Rupert

Description: Old-fashioned drive-in offering curbside service and counter service

McDonald's

Address: 99 11 Ave E, Prince Rupert

Mami Temaki Food Truck

Address: 716 3rd Ave W, Prince Rupert

Description: Asian-Latin fusion cuisine.

Panago Pizza

Address: 182 3rd Ave E, Prince Rupert

Pizza Hut

Address: 616 3rd Ave. W, Prince Rupert

Subway

Address: 601 2nd Ave. W, Prince Rupert

grocery/pharmacy

Save-On-Foods

Address: 841 3rd Avenue W, Prince Rupert

Phone: (250) 624-9023

Hours: Daily, 8:00 AM – 10:00 PM

Services: Grocery, pharmacy, floral department

Safeway

Address: 200 2 Avenue W, Prince Rupert

Phone: (250) 624-2412

Hours: Daily, 7:00 AM – 10:00 PM

Services: Grocery, pharmacy, bakery, floral department, Starbucks

Walmart

Address: 500 2nd Avenue W, Prince Rupert,

Phone: (833) 812-5537

Hours:

Monday to Saturday: 8:00 AM – 9:00 PM

Sunday: 8:00 AM – 7:00 PM

Services: Grocery, pharmacy

Shoppers Drug Mart

Address: 500 2nd Avenue W, Unit 249, Prince Rupert, BC V8J 3T6

Phone: (250) 624-9656

Hours:

Monday to Friday: 9:00 AM – 8:00 PM

Saturday: 9:00 AM – 6:00 PM

Sunday: 10:00 AM – 6:00 PM

Services: Pharmacy, beauty products

good to know

Hockey Gear

Prince Rupert does not have any stores that sell hockey equipment, so come prepared with all the gear and backups (including sticks!) that you will need.

Skate Sharpening

- Jim Ciccone Civic Centre Arena - 250-624-6707
- Sherri Pringle - 778-884-2638 (call to arrange pick up and drop off)

Medical Needs

There are no walk-in clinics in Prince Rupert. For medical attention, please visit the Prince Rupert Hospital Emergency Room:

1305 Summit Avenue Prince Rupert, BC
250-624-2171

Championship Apparel

Championship swag is available to order online prior to Championships, for pick up in Prince Rupert. Order here > <https://bchockeyu18tier4championship.itemorder.com/shop/sale/>

Getting Around

Prince Rupert is compact and highly walkable, with most amenities, restaurants, and attractions located within a short distance from local hotels.

- Public Transit: Prince Rupert has eight bus routes connecting various parts of the city and Port Edward. For schedules and route maps, visit [BC Transit Prince Rupert](#)
- Taxis: For quick trips around town, Skeena Taxi is available - 250-624-2185

thank you to our sponsors!





BC



PRINCE RUPERT

CHAMPIONSHIP

U18 Tier 4

2025